

## Glukokortikoide richtig ausschleichen: warum, wann und wie?

## Interrompre correctement les glucocorticoïdes: pourquoi, quand et comment?

### Literatur / Références

1. Kehrl JH, Fauci AS. The clinical use of glucocorticoids. Ann Allergy 1983;50(1):2–8.
2. van Staa TP, Leufkens HG, Abenhaim L, Begaud B, Zhang B, Cooper C. Use of oral corticosteroids in the United Kingdom. QJM 2000;93:105–11.
3. Stefan R, Bornstein, N Engl J Med 2009;360:2328–39
4. Wei L1, MacDonald TM, Walker BR. Taking glucocorticoids by prescription is associated with subsequent cardiovascular disease. Ann Intern Med. 2004 Nov 16;141(10):764–70.
5. AMATRUDA TT Jr, HOLLINGSWORTH DR, D'ESOPO ND, UPTON GV, BONDY PK. A study of the mechanism of the steroid withdrawal syndrome. Evidence for integrity of the hypothalamic-pituitary-adrenal system. J Clin Endocrinol Metab. 1960 Mar;20:339–354
6. Dixon RB, Christy NP. On the various forms of corticosteroid withdrawal syndrome. Am J Med. 1980 Feb;68(2):224–30.
7. Axelrod L. Glucocorticoid therapy. Medicine (Baltimore). 1976 Jan;55(1):39–65.
8. Arlt W, Allolio B. Adrenal insufficiency. Lancet 2003; 361: 1881–93
9. Henzen C, Suter A, Lerch E, Urbunelli R, Schomo XH, Briner VA. Supression and recovery of adrenal response after shortterm, high-dose glucocorticoid treatment. Lancet 2000; 355: 542–45.
10. Stewart PM, Krone NP, The Adrenal Cortex, Williams Textbookm of Endokrinology 12 th Ed 2011: 479–54.
11. Christy NP Corticosteroid withdrawal , Current Therapy in in Endocrinology and Metabolism 3 rd Ed 1988: 113–120
12. Kane KF, Emery P, Sheppard MC, Stewart PM. Assessing the hypothalamo-pituitary-adrenal axis in patients on longterm glucocorticoid therapy: the short synacthen versus the insulin tolerance test. QJM. 1995 Apr;88(4):263–267
13. Casale TB, Nelson HS, Stricker WE, Raff H, Newman KB. Supression of hypothalamic-pituitary-adrenal axis activity with inhaled flunisolide and fluticasone propionate in adult asthma patients. Ann Allergy Asthma Immunol. 2001 Nov;87(5):379–385
14. Holme J, Tomlinson JW, Stockley RA, Stewart PM, Barlow N, Sullivan AL. Adrenal suppression in bronchiectasis and the impact of inhaled corticosteroids. Eur Respir J. 2008 Oct;32(4):1047–1052.
15. GRABER AL, NEY RL, NICHOLSON WE, ISLAND DP, LIDDLE GW. NATURAL HISTORY OF PITUITARY-ADRENAL RECOVERY FOLLOWING LONG-TERM SUPPRESSION WITH CORTICOSTEROIDS. J Clin Endocrinol Metab. 1965 Jan;25:11–16.
16. Livanou T, Ferriman D, James VH. Recovery of hypothalamo-pituitary-adrenal function after corticosteroid therapy. Lancet. 1967 Oct 21;2(7521):856–9.
17. Hopkins RL, Leinung MC. Exogenous Cushing's syndrome and glucocorticoid withdrawal. Endocrinol Metab Clin North Am. 2005 Jun;34(2):371–384
18. Krasner AS. Glucocorticoid-induced adrenal insufficiency. JAMA. 1999 Aug 18;282(7):671–676.
19. Dixon RB, Christy NP. On the various forms of corticosteroid withdrawal syndrome. Am J Med. 1980 Feb;68(2):224–230
20. Richter B, Neises G, Clar C. Glucocorticoid withdrawal schemes in chronic medical disorders. A systematic review. Endocrinol Metab Clin North Am. 2002 Sep;31(3):751–778
21. Carter ME, James VH. Effect of alternate-day, single-dose, corticosteroid therapy on pituitary-adrenal function. Ann Rheum Dis. 1972 Sep;31(5):379–83
22. Grinspoon SK, Biller BM. Clinical review 62: Laboratory assessment of adrenal insufficiency. J Clin Endocrinol Metab. 1994 Oct;79(4):923–31.
23. Orth DN, Kovacs WJ, The Adrenal Cortex, Williams Textbookm of Endokrinology 9 th Ed 1998: 610.