

## Salzkonsum bei Kindern

## Consommation de sel chez les enfants

### Empfohlene Literatur / Références recommandées

- Kotchen, T.A., A.W. Cowley, Jr., and E.D. Frohlich, *Salt in health and disease--a delicate balance*. N Engl J Med, 2013. **368**(13): p. 1229–37.
- Yang, Q., et al., *Sodium intake and blood pressure among US children and adolescents*. Pediatrics, 2012. **130**(4): p. 611–9.
- He, F.J. and G.A. MacGregor, *Importance of salt in determining blood pressure in children: meta-analysis of controlled trials*. Hypertension, 2006. **48**(5): p. 861–9.
- Chen, X. and Y. Wang, *Tracking of blood pressure from childhood to adulthood: a systematic review and meta-regression analysis*. Circulation, 2008. **117**(25): p. 3171–80.
- Grimes, C.A., et al., *Dietary salt intake, sugar-sweetened beverage consumption, and obesity risk*. Pediatrics, 2013. **131**(1): p. 14–21.

### Literatur / Références

- 1 Kotchen T.A., A.W. Cowley, Jr., and E.D. Frohlich, Salt in health and disease--a delicate balance. N Engl J Med. 2013. 368(13): p. 1229–37.
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